



Archaeology & Activity Holidays: what to take with you



Congratulations! If you are reading these lines, it means that you are almost ready to meet the Greek history and mythology and live an authentic experience joining our archaeology holidays in Peloponnese, Greece. However, the success of every trip is first of all to avoid any kind of trouble or inconvenience during your stay with us. Even though we show maximum responsibility and professionalism in every sector of the holidays and we will do our best to offer you safe,

relaxing and carefree holidays, it is very important to carry with you anything necessary and be organized for all parts of your trip. Please read the lines below carefully so that you will be well prepared and ready to live and enjoy every single moment of your holidays!

The most important thing during your holidays is....to be able to arrive at your destination! However, more travelers insist in underestimating it. They pay much more attention to clothing and give to their travel documents low priority. **It is absolutely your responsibility to have all necessary documents with you** such as passport (be careful to be valid), flight tickets, reservation voucher, VISA (if needed), health documents etc. **Being careful with all the above may save your from lots of time and trouble.** You must also take and be very careful with your wallet, money, credit cards etc. Medicines, in case you take some, are a very important matter, too.

General clothing and equipment

Before deciding what kind of clothing you will take with you, have in mind two things:

- You will have some walking and standing in the archaeological sites
- You will participate in outdoor activities
- in Greece, temperatures are in general high

The clothing that you must take has to be comfortable. It is critical to take shoes that will not tire you and will let you enjoy the tour. You must also consider that you will probably get sweat or dirty so you must look ahead to have enough clothes with you to change. Especially during June, July and August, temperature can touch even 40 C! That means that you should care to take mainly light clothing like T-shirts, shorts, sandals or flip-flops for your free time etc, and of course your swimsuit and towel!

No question also about taking blouse/footer for the evening when temperature falls a little bit. You will also need trousers or light dress for women and shoes to wear during the evening/night as you will have the chance to enjoy the famous Greek nightlife or just go for a walk with your family.

Concerning the activities, you will not do something extreme, however a waterproof jacket and a pair of sports/hiking shoes are necessary. Cycling helmet is provided by us.

Beyond clothing, you must have maximum protection against the Greek sun. You must take with you hat, sunglasses and sunscreen (SPF over 30 is recommended). Of course you can buy the sunscreen from Greece if you prefer. The Greek sun can be dangerous especially in types of skin that are not used to it.

It is strongly recommended to avoid taking with you unnecessary things or too much of everything! This will make your trip tiring and will not leave you room in your luggage to have a little shopping!

Finally, just to remind you: camera, ipod/MP3 player, chargers...to remember this experience for ever...

Optional equipment

You can take with you anything else you might believe it will make your life easier or happier and doesn't occupy a lot of space in your suitcase. A map or a travel guide of Peloponnese might help you to be a little bit prepared about what you will see and give you an idea of where you will go. Snorkeling equipment for the lovers of the sea is also a good idea. A good book in your language is also a nice way to relax in your free time.

Enjoy your holidays...